

MELISSA H. BOND, PH.D.

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EDUCATION

Ph.D. in Clinical Psychology

June 2021

Palo Alto University (APA Accredited)

Palo Alto, CA

Advisor: Robert Wickham, Ph.D.

Bachelor of Arts in Psychology

May 2015

Minor in Graphic Design

Chapman University

Orange, CA

Chancellors List

AWARDS AND GRANTS

2018 – 2020

Pre-doctoral Research Fellowship – Palo Alto University

2014

Chapman University Student Research Grant (\$1,000)

2011 – 2015

Chancellor's Academic Scholarship – Chapman University

RESEARCH EXPERIENCE

Program Evaluator – Early Trauma Treatment Network Grant

Oct 2021 – Present

Child Trauma Research Program (CTRP) at UCSF

San Francisco, CA

Program evaluation and reporting of an ongoing effort to disseminate Child Parent Psychotherapy (CPP) across the country, as part of a grant from the National Child Traumatic Stress Initiative of SAMHSA. Development of the program evaluation plan and reporting on activities which are relevant to the program's desired outcomes. Activities within the dissemination plan include national trainings for CPP trainers and providers, development of training materials, and webinars which will provide laypeople and providers alike with knowledge of the traumatic stress response in young children.

Supervisors: Alicia Lieberman, Ph.D. and Ann Chu, Ph.D., Professors

Postdoctoral Fellow

July 2021 – Present

Child Trauma Research Program (CTRP) at UCSF

San Francisco, CA

Research involving the effects of trauma on young children, aged 0-6, as well as the treatment effects of Child Parent Psychotherapy (CPP). Engagement in continued database development and mentor current clinical research coordinator and research assistant in database development, program evaluation, data management, and analytic methods. Lead ongoing project to collect and analyze historical outcome data to better understand the effects of CPP within the community and at the hospital. Provide data analytic support to ongoing research studies and aid in writing and editing of manuscripts for submission to peer-reviewed journals.

Supervisors: Alicia Lieberman, Ph.D. and Ann Chu, Ph.D., Professors

Predoctoral Fellow*July 2020 – June 2021***Child Trauma Research Program (CTRP) at UCSF**

San Francisco, CA

Research involving the effects of trauma on young children, aged 0-6, as well as the treatment effects of Child Parent Psychotherapy (CPP). Engaged in database development of an ongoing research database with families who receive treatment at CTRP. Improved user experience of database and conducted program evaluation and reporting of provided services and adherence to the data protocol. Provided data analytic support to ongoing research studies and aided in writing and editing manuscripts for submission to peer-reviewed journals.

Supervisors: Alicia Lieberman, Ph.D. and Ann Chu, Ph.D., Professors**Dissertation***Defended: July 2020***Palo Alto University**

Palo Alto, CA

Title: Examining between and within persons factor structure of the DASS-21 in a community outpatient sample using dynamic structural equations modeling.

Committee Chair: Robert Wickham, Ph.D., Associate Professor**Committee Members: Yan Leykin, Ph.D, Matthew Yalch, Ph.D.****Predoctoral Fellow in Evaluation, Assessment, and Statistics***Mar 2018 – July 2020***Gronowski Center at Palo Alto University**

Palo Alto, CA

Evaluation and reporting pertaining to delivery and utilization of psychological services, as well as outcomes associated with the clinical training mission of the institution. Responsibilities include extraction and reporting of data describing service delivery and supervision practices, coordination with IT support to implement research data storage and version control protocol, and provision of analytic support for faculty and student research using clinic data. Worked closely with supervisor to begin development of a new research policy for the training clinic, including archival and experimental research. Coordinated with clinic staff and database developers to develop and implement tablet administration of session-level outcome measures to improve data quality and capture of item-level data.

Supervisor: Robert Wickham, Ph.D., Associate Professor**Graduate Research Associate – Tipping Point Grant***Sept 2019 – July 2020***LifeMoves Inc. and IRAM-Palo Alto University**

Menlo Park, CA

Project coordination and program evaluation of a service design process aimed at improving outcomes for homeless individuals that use the LifeMoves Opportunity Service Center (OSC) and Hotel de Zinc (HdZ). Coordinate and consult with other service design team and LifeMoves team to ensure task completion and provide psychoeducation about homelessness. Create evaluative reports elucidating outcomes existing prior to and after new services are created.

Supervisors: Robert Wickham, Ph.D., Associate Professor and Brian Greenberg, Ph.D., Vice President, Programs and Service**Graduate Research Associate – Project CONNECT***June 2017 – July 2020***LifeMoves Inc. and IRAM-Palo Alto University**

Menlo Park, CA

Program evaluation of programs and services delivered within the LifeMoves shelter network, which serves 650 individuals nightly. Played instrumental role in the development and validation of a SMS and email-based distal outcome tracking system. Assisted in the design and ongoing development of an intake assessment tool aimed at targeting individually tailored service provision to maximize client success within program and post-program.

Supervisors: Robert Wickham, Ph.D., Associate Professor and Brian Greenberg, Ph.D., Vice President, Programs and Services

Graduate Research Associate – Wellness Partnership Grant

July 2018 – July 2020

LifeMoves Inc. and IRAM-Palo Alto University

Menlo Park, CA

Program evaluation and development of an adolescent and young adult screening system, as part of a funded contract aimed at increasing services for 11- to 24-year-old individuals struggling with homelessness. Streamlined screening process to improve feasibility of screening goals and data management. Created a risk assessment module within the screener to improve risk assessment capabilities among case managers. Provided ongoing reports of progress toward goals and participated in trainings of case managers and interns to improve risk assessment skills and usability of the screening measure.

Supervisors: Eve Stoller, LCSW, Senior Director of Clinical Services and Training, and Robert Wickham, Ph.D., Associate Professor

Research Assistant and Statistics Consultant

Sept 2016 – Dec 2018

i4Health at Palo Alto University

Palo Alto, CA

Research involving online interventions for depression and anxiety, as well as smoking cessation. Responsibilities include aiding those involved in choosing proper statistical analyses for the research question, data management and reconfiguration, teaching students proper statistical procedures, editing results sections in relevant manuscripts, and applying knowledge of graphic and web design to understand user experience and behavior through online interventions.

Supervisor: Ricardo Muñoz, Ph.D., Professor

Lab Member

May 2016 – Present

Interpersonal Relationships and Applied Methods Lab at Palo Alto University

Palo Alto, CA

Research lab focused on conducting advanced methodological analyses on various topics, including: authenticity and bias in romantic relationships, psychometric short-form creation and validation, longitudinal and diary data, and clinical outcome data. The lab currently works with LifeMoves Shelter Network on a Google Connect grant to organize and analyze large datasets, as well as provide program evaluation.

Supervisor: Robert Wickham, Ph.D., Associate Professor

Senior Project

Jan 2014 – May 2015

Chapman University

Orange, CA

Title: Come closer: Cognitive dissonance between strangers.

Examined the relationship between cognitive dissonance after standing in a pose with a stranger

and subjective closeness to that stranger.

Supervisor: Connie Shears, Ph.D., Professor

Lab Member

May 2013 – May 2015

Cognitive Science Lab at Chapman University

Orange, CA

Direct research duties included solicitation and screening of research subjects; conducting research protocols using real-time data acquisition; formatting of acquired data for statistical analyses; programming of experiments using Direct RT v2014.1; stimuli development and norming; writing and editing possible abstract and paper submission; data analysis using SPSS v20.0 statistical software; poster design and presentation at conferences; and managing lab website.

Supervisor: Connie Shears, Ph.D., Professor

PUBLICATIONS

1. **Bond, M. H.**, Bunge, E. L., Barrera, A. Z., Leykin Y., Wickham, R. E., Barlow, M. R., Reyes, S., Cea, A. M., Muñoz, R. F. (2020, online first) Development and Usability of a Spanish/English Smoking Cessation Website: Lessons Learned. *mHealth*.
2. Tilden, C., **Bond, M. H.**, Stephens, T. N., Lyckberg, T., Muñoz, R. F., & Bunge, E. L. (2020). Effect of Three Types of Activities on Improving Mood and Enjoyment in a Brief Online Depression Study. *Depression Research and Treatment*.
3. Wickham R.E. & **Bond, M. H.** (2019). Accuracy and Bias in Perceptions of Relationship Authenticity. *Journal of Social and Personal Relationships*. 37(1), 47-57.
4. Bunge, E., Taylor, L.A., **Bond, M.**, Stephens, T.N., Nishimuta, K., Barrera, A.Z., Muñoz, R. (2019). Facebook for recruiting Spanish- and English-speaking smokers. *Internet Interventions*, 17.
5. Carter, E., **Bond, M. J.**, Wickham, R. E., Barrera, A. (2019). Perinatal depression among an international sample of women: A sequential-process latent growth-curve analysis. *Journal of Affective Disorders*, 243, 145-152.
6. **Bond, M. J.**, Strauss, N. E., Wickham, R. E. (2018). Development and validation of the Kernis-Goldman authenticity inventory-short form (KGAI-SF). *Personality and Individual Differences*, 134, 1-6.
7. Bunge, E., Cook, H. M., **Bond, M.**, Williamson, R. E., Cano, M., Barrera, A., Leykin, Y., Muñoz, R. (2018). Comparing amazon mechanical turk with unpaid internet resources in online clinical trials. *Internet Interventions*, 12, 68-73.

POSTER PRESENTATIONS

1. **Bond, M. H.** & Wickham, R. E. (2019, February). Accuracy and bias in perceptions of relationship authenticity. Poster presented at the Society of Personality and Social Psychology Annual Convention, Portland, OR.

2. Peters, E., **Bond, M.**, & Barrera, A. (2017, November). Trajectory of depression symptoms among an international sample of pregnant and postpartum Latina women. Poster presented at the Biennial Perinatal Mental Health Conference, Chicago, IL.
3. Bunge, E.L., Cook, H. M., **Bond, M.**, Williamson, R. E., Cano, M., Barrera, A.Z., Leykin, Y., & Muñoz, R.F. (2017, November) To pay or not to pay: Using amazon Mechanical Turk in Clinical studies for Mood management. Symposium: Lessons Learned on Behavioral Intervention Technologies (BITs) for Depression and Anxiety in Children, Adolescents, & Adults. 51st ABCT Annual Convention, San Diego, CA.
4. Ariza, A., Shears, C., Lam, M., Cohen, A., **Bond, M.**, Smith, M., Sam, E., & Kim, J. (2015, March). Why doesn't negative language behave? Inferences from emotional language. Poster presented at The Annual Cognitive Neuroscience Society, San Francisco, CA.
5. Shears, C., Ariza, A., Kim, J., Sam, E., **Bond, M.**, & Lam, M. (2015, April). Emotional Balance? Inferences in Left and Right Hemispheres. Poster presented at The Annual Cognitive Neuroscience Society, San Francisco, CA.
6. Shears, C., Ariza, A., Sam, E., Kim, J., **Bond, M.**, & Lam, M. (2014, November). Insights into Thinking: Quantifying Thinking. Poster presented at the Psychonomics Society Annual Meeting, Long Beach, California.
7. Shears, C., Ariza, A., Kim, J., Sam, E., **Bond, M.** Lam, M., Flax, S. (2014, April). Hemisphere Differences: Inferences and Emotional Language. Poster presented at The Annual Cognitive Neuroscience Society, Boston, MA.

CLINICAL EXPERIENCE

Postdoctoral Fellow

July 2021 – Present

Child Trauma Research Program (CTRP), UCSF

San Francisco, CA

Hospital-based clinic providing mental health services for children, aged 0-6, and their parents. Providing child parent psychotherapy (CPP) for families who had experienced a trauma. Interact with case managers at child welfare and other community agencies to promote best care for families. Supervision at CTRP focuses specifically on the theory behind CPP, which includes psychodynamic, trauma-informed, and developmental lenses.

Supervisors: Alicia Lieberman, Ph.D., Ann Chu, Ph.D., and Vilma Reyes, Ph.D., Licensed Psychologists

Predoctoral Fellow

July 2020 – June 2021

Child Trauma Research Program (CTRP), UCSF

San Francisco, CA

Hospital-based clinic provided mental health services for children, aged 0-6, and their parents. Provided child parent psychotherapy (CPP) for families who had experienced a trauma. Interacted with case managers at child welfare and other community agencies to promote best care for families. Completed rotations at Trauma Recovery Center (TRC) and Citywide Case Management. At TRC, provided crisis response services to adults who had recently experienced a sexual assault. Completed intake assessments for adults wanting to receive therapy services. At Citywide, facilitated a stimulant treatment outpatient (STOP) group with adults who struggled with substance use and often comorbid psychotic disorders. Assessment experience included intake assessments at CTRP and TRC, as well as a full psychodiagnostic battery of one adult while at Citywide. Supervision at CTRP focused specifically on the theory behind CPP, which included psychodynamic, trauma-informed, and developmental lenses. Supervision at TRC and Citywide focused on cognitive behavioral and dialectical behavioral theories.

Supervisors: Alicia Lieberman, Ph.D., Ann Chu, Ph.D., and Vilma Reyes, Ph.D., Licensed Psychologists

Student Therapist

Aug 2018 – June 2020

LifeMoves Shelter Network

San Jose, CA

Shelter-based site providing mental health services for homeless individuals of all ages. Provided individual psychotherapy for adults (aged 19 to 62) and children (aged 2 to 10). Facilitated a women's resilience and empowerment group and a parenting support group. Facilitated the first instance of the resilience and empowerment group within a shelter specific to LGBTQ+ individuals. Clinical issues seen were incredibly diverse, including depression, anxiety, serious mental illness, PTSD, and substance use. Assessment experience included testing for memory difficulties for adult individuals (aged 28-38) with TBIs and for intellectual functioning children (aged 4-6). Supervision focused on relational and psychodynamic theory, while integrating other evidence-based practices for various diagnoses. Serving currently as the Neuropsychology Alumna, aiding the assessment supervisors with tracking and screening new NP referrals, providing training on NP assessment with a shelter population, and providing psychoeducation to case managers about appropriate referral questions.

Supervisors: Cherie Page, Ph.D., Anna Nedelisky, Ph.D., and Nancy Morgan, Ph.D., Licensed Psychologists

Student Therapist

Aug 2017 – June 2018

Community Health Awareness Council (CHAC)

Mountain View, CA

Outpatient community-based clinic and school-based site focused on mental health services for children and families. Provided individual psychotherapy with elementary aged children (aged 6 to 10) in a school-based setting. Facilitated groups in school-based setting to increase distress tolerance and mindfulness in 3rd and 5th grade students. Provided individual psychotherapy to adolescents (aged 13 to 15) in a community-based clinic. Clinical issues seen include ASD, ADHD, conduct issues, depression, and anxiety. Assessment experience includes intellectual and personality assessment for ADHD and ASD in children aged 6 to 10.

Supervisor: Reina Remigio, Ph.D., Licensed Psychologist

Student Therapist
Gronowski Center at Palo Alto University
 Los Altos, CA

June 2016 – June 2017

Outpatient community-based clinic focused on mental health services for a diverse population of adults and children. Provided individual psychotherapy for adults (aged 18 to 30) and one adolescent (aged 17). Provided couples therapy for two adult heterosexual couples (aged 24/25 and 50/55). Clinical issues seen include depression, anxiety, OCD, personality disorders, and relationship distress. Assessment experience includes brief personality, diagnostic, and neuropsychological screening as part of an intake process.

Supervisor: Pati Montojo, Ph.D., Licensed Psychologist

SPECIAL SKILLS

Software Expertise

SAS Statistical Program	<i>Advanced</i>
MPlus Statistical Program	<i>Intermediate</i>
IBM SPSS Statistics v20.0	<i>Intermediate</i>
Javascript Coding	<i>Intermediate</i>
SQL Coding	<i>Intermediate</i>
CSS Coding	<i>Intermediate</i>
HTML Coding	<i>Intermediate</i>
PHP Coding	<i>Intermediate</i>
Wordpress	<i>Intermediate</i>
Adobe Photoshop CC	<i>Intermediate</i>
Adobe InDesign CC	<i>Intermediate</i>
Adobe Illustrator CC	<i>Intermediate</i>
Adobe Dreamweaver CC	<i>Intermediate</i>
Adobe Muse CC	<i>Intermediate</i>

Developer Experience

Qualtrics Survey Developer
Psychology Department, University of Houston

May 2019 – July 2019

Developed a timeline follow back module using javascript and Qualtrics for alcohol research with college students. Module included a basic timeline follow back and a discrepancies timeline follow back to display discrepancies between respondent's previous answers.

Qualtrics Survey Developer
i4Health, Palo Alto University

May 2019 – July 2019

Provided javascript, CSS, and web development support within a grant aimed at creating an intervention framework within Qualtrics for students and faculty members to use when building online interventions.

Website Developer*June 2017 – Sept 2018***i4Health, Palo Alto University**

Developed a web application for smoking cessation, including data backend via Caspio, user front-end via Wordpress, and SMS features using Twilio and Caspio API. Designed website with user experience in mind, while also maintaining best experimental practices.

<https://sfstopsmoking.org>

IT Assistant*Aug 2015 – June 2016***Palo Alto University**

Applied organizational skills to aid in streamlining IT processes to run more smoothly; aided in merging technology with educational, research, and clinical fields; performed web maintenance and management.

TEACHING EXPERIENCE

Tutor, Psychometrics*Summer 2018*

Palo Alto University, Ph.D. program

Instructor: Robert Wickham, Ph.D., Associate Professor

Teaching Assistant, Psychometrics*Summer 2017*

Palo Alto University, Ph.D. program

Instructor: Robert Wickham, Ph.D., Associate Professor

Teaching Assistant, Research Methods & Statistics*Winter 2017*

Palo Alto University, Ph.D. program

Instructor: Robert Wickham, Ph.D., Associate Professor

PROFESSIONAL SERVICE

Ad Hoc Reviewer

Journal of Social and Personal Relationships

Professional Affiliations

Society for Personality and Social Psychology

Nov 2018 – Present

American Psychological Association

Dec 2017 – Present

Society for Couple and Family Psychology, APA Division 43

Dec 2016 – Dec 2018

Psi Chi (The International Honor Society in Psychology)

Oct 2013 – Present

Psychonomic Society

*Sept 2012 – Dec 2016***RELEVANT WORK EXPERIENCE**

Rehabilitation Assistant*June 2016 – Sept 2016***Crestwood Behavioral Mental Health**

San Jose, CA

Inpatient mental health rehabilitation center focusing on providing treatment and care for patients with severe mental illness. Responsibilities included aiding patients with activities of daily

living, running activity groups, crisis prevention, and improving patients' overall quality of life through activities and empathic listening.

CERTIFICATIONS

Nov 2015

NIH Certification in Protecting Human Participants

July 2020

CITI Certification in Responsible Conduct of Research

REFERENCES

Robert Wickham, Ph.D., Assistance Professor, Northern Arizona University
Email: robert.wickham@nau.edu

Alicia Lieberman, Ph.D., Licensed Psychologist, Professor, UCSF
Email: alicia.lieberman@ucsf.edu

Ann Chu, Ph.D., Licensed Psychologist, Professor, UCSF
Email: ann.chu@ucsf.edu